The Some Times Newsletter

Tips For Keeping Your Fruits & Veggies Fresh

Each year Americans throw away spoiled fruits and vegetables because we don't know how to properly store the different types of produce we buy. To prevent your produce from going to waste, and keep your grocery budget in line, follow these rules for cleaning and storage:

- Avocados. Don't refrigerate until fully ripened; premature chilling will cause the insides to brown. Instead, ripen at room temperature. Afterward you can refrigerate to preserve them longer. They should keep from one to two weeks.
- Bananas. Don't store near other fruits and vegetables, especially citrus fruits, because bananas produce ethylene gas, which can spoil other produce. Also, don't refrigerate, as chilling turns their skins black. Simply store at room temperature and they should keep from one to two weeks.
- Berries. Spread them out in a single layer in perforated plastic bags (be sure not to crowd them); then, refrigerate. Most varieties will not last longer than a week to 10 days, as mold develops easily. To minimize spoilage, don't wash them until you eat them.
- Lettuce. You should first soak the leaves in cold water The line for driver's license photos at the Motor and then spin them in a salad spinner. Next, wrap the lettuce in paper towels, loosely place the bundle in a plastic bag, and refrigerate. Wrapping in water absorbing paper discourages mold growth and should help the leaves stay fresh for up to three weeks.
- Tomatoes. Don't refrigerate. Chilling causes a chemical reaction in tomatoes, which leads to a loss of flavor. Depending on how ripe they are when you buy them, tomatoes should last from one to three weeks if kept uncovered in a bowl away from heat.

We would like to take this opportunity To personally acknowledge the business you placed with us this past year.

In our fast-paced, take-it-for-granted world, we often neglect to show proper appreciation for services rendered or courtesies extended.

We want to let you know we do appreciate your vote of confidence in STAR Automotive.

We realize that we wouldn't be here without you.

Thank you so very much for your patronage this past year.

May you and your family have a New Year filled with health, happiness & prosperity.

Jim, Jolene, Paul, Nancy, David, Austin, Bo, Matthew, Cody, Freddy, and Shelly.

Photo Finish

Vehicle Bureau office was long and slow. By the time one man reached the front, he was so grumpy he couldn't relax to smile for the camera. When he finally got his license, he told the clerk, "You know, I had to wait so long for this that I look completely ticked off in this

The clerk shrugged apologetically.

picture."

"If it's any consolation, this is probably how you'll look when the cops pull you over."

The two things in life you are in total control over are your attitude and your effort. - Billy Cox



Not Valid On Oil Change -

You must present this coupon at time of service. Coupon will not be accepted after repair is completed and paid for. One coupon per person per repair order. Cannot combine with other coupons.

Valid Through January 31, 2024

Helping Your Houseplants Survive the Winter

Plants growth rate is significantly slower during the winter months. Here are a few suggestions to help them survive the cold, winter months:

They do not require as much water. Put your finger in the soil about 1 inch down. If it feels dry, give it a good soaking. Be sure to use lukewarm water.

The angle of the sun changes during the winter months. You might want to place your plants near a different window for the season and rotate your plants regularly. This will help make sure they receive light evenly on all sides. "Fertilization is not necessary during the winter. Withhold food until next spring when the days are longer and the sun is stronger.

Use a damp cloth and wipe the leaves to get rid of any dust. This will unclog the pores and allow them to absorb essential nutrients.

Frequently mist your plants. Houseplants prefer a level of 40-50% humidity. During the winter, our heated homes tend to only be at 10-20%.

Family & New Year's Resolution

Making New Year's resolutions with your family is a great way to nurture everyone's growth throughout the year. Consider these goals for the next 12 months:

- * Cut down on activities. If your family is busier than ever, make room for consistent togetherness time. Suggesting cutting back on work and extracurricular activities so everyone can eat dinner together most nights.
- * Strengthen your children's confidence. Some parents spend a lot of time pointing out their kids' weaknesses. Remember that successful people focus on their strengths, and do the same for your kids. You'll give them the confidence to tackle their weaknesses.
- ** Make personal resolutions a family affair. If you've decided that you need to do more charitable work, consider making your personal goal a family goal. Volunteering as a family is a powerful way to build self-esteem and establish a sense of community in yourself and your children.

 7)

 8)

Easy Tactics To Tackle That Debt

- ♦ Scale back spending. Reexamine where your money goes every month. Lots of things that you think are necessities may not be. It's easier to scale back spending than it is to increase income.
- Sell things on eBay. You can raise some cash to pay off your credit card by selling unwanted goods on eBay, Craig's List or by holding a garage sale.
- Get a part-time job. Anything you can do to bring in extra money will help you pay down unwanted credit card debt. Need flexible hours? Look for ways to turn a hobby into an extra income source or look for something you can do from home that will bring in extra money.
- ◆ Borrow from family and friends. If you have an unexpected expense, see if you can borrow money from family or friends. Also, check with your church and charities if you have a real hardship. They, too, might be willing and able to help.
- See a consumer credit counselor. Having a frank discussion with a nonprofit consumer credit counselor can open your eyes and help you plan and make sound budget decisions. The sooner you seek help, the better.

Witty One-Liners

- "Better to remain silent and be thought a fool, than to speak and remove all doubt." – Abraham Lincoln
- 2) "The shinbone is a device for finding furniture in a dark room." Unknown
- 3) "The hardest thing in the world to understand is income taxes." Albert Einstein
- "I don't suffer from insanity; I enjoy every minute of it." – Unknown
- 5) "Patience is something you admire in the driver behind you, but not in one ahead." – Bill McGlashen
- 6) "Why is the place you drive on is a parkway, and the place you park on is the driveway?" – Unknown
- 7) "If you think nobody cares if you're alive, try missing a couple of payments." Earl Wilson
- 8) "The quickest way to double your money is to fold it over and put it back in your pocket." Will Rogers
- "Evening news is where they begin with 'Good evening', and then proceed to tell you why it isn't." – Unknown

FREE 2024 Calendars Available

Pick up your FREE 2024 Calendar at STAR Automotive while they last.

Business Hours Monday - Friday 8:00am to 5:00pm

Jolene's Corner

Sometimes you want easy and simple ideas to make for dinner. However one can get in a rut making the same old recipes. I know that is true for me. I found this recipe that dates back to 1796 in the First American Cookbook by Amelia Simmons. It is French in origin when Quebec was a French settlement, with the most popular version originating in the Saguenay Lac-St- Jean region. Using pre-made pastry crust makes this a simple weeknight meal.

French Meat Pie

6-8 servings

2 Tablespoons cooking oil

1 large onion, thinly sliced

1 pound ground beef

1 pound ground pork

1 cup of mashed potatoes or diced potatoes cooked

2 teaspoons ground allspice

1 teaspoon salt

1/4 teaspoon black pepper

Pastry for double-crust pie (9 inches)

1 egg, beaten

Preheat the oven to 375 degrees.



Cozumel Mexico 2023

Preheat the skillet over medium heat. Add onions and saute until tender. Remove and set aside. Brown beef and pork together; drain. Combine onion, meat, potatoes and seasonings. Line pie plate with pastry; fill with meat mixture. Top with second crust; seal and flute the edges. Make slits on top of the crust. Brush with egg. Bake for 30-35 minutes or until golden brown. Serve with a tossed salad or just by itself.

The leftovers reheat well. Just wrap a slice in foil and bake in a 375 degree oven for 15-20 minutes.



Thanks for the kind words!

Very reliable, and reasonable. Always a good experience dealing with Star Auto. Great work, great communication.

Rick



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Valid Through January 31, 2024

\$20.00 Value. Be confident that your brake fluid will not boil and fail.



this coupon at time of service.. One coupon per person per repair order.

Cannot combine with other coupons.

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\$141.00 Value. Keep your brakes operating properly & safely



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January 2024

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Right the First Time, On Time, Every Time since 1975

Happy New Yearl Start the New Year right. Take care of your car and it will take care of you.

You hear us talk about it frequently. Manufacturer Recommended Maintenance. Oil Changes. Routine Maintenance. Transmission Service. Brake Fluid Flush. Power Steering Flush. Cooling System Flush (anti-freeze). 30K, 60K, 90K, 120K Scheduled Maintenance.

If you want your car or truck to last a long time, run well and be dependable, you've got to take care of your vehicle. Should you choose not to regularly maintain your vehicle, it will cost you more money in the long run and may leave you stranded when you most need your ride. It is less expensive to replace a timing belt and water pump at the recommended time/mileage interval than it is to replace it when it breaks on the road or breaks and damages your engine. Take care of your car and it will take care of you.



Any regular scheduled maintenance in January 2024. This includes 30K, 60K, 90K, 120K + maintenance service intervals, timing belt/water pump replacement, "Tune-Up", brake service, brake fluid flush, power steering flush, transmission service, cooling system flush. Even Oil Changes.

Any Regular Scheduled Maintenance or Service.

This offer does not apply to 'after the fact' failure.

Fix it before it breaks. Maintain your vehicle. Valid Through January 31, 2024. You Must Present This Coupon At Time Of Service.