

August 2025

www.stargp.com

The Some Times Newsletter

If You Can't Say Something Nice, Don't Say Anything at All!

Despite the fact that words cost nothing at all, all too often we human beings seem to choose ones that criticize, demean and rob others of their confidence. Sadly, this happens not just among strangers, colleagues and casual acquaintances, but even among families. In fact, the harsh words spoken between family members are often the harshest of all.

In most cases, it is not just out of sheer meanness that we criticize other people's dress sense or their abilities or whatever, but because we are jealous or insecure. Essentially, putting other people down makes us feel like better people.

Next time it crosses your mind to say something hurtful or discouraging, take a moment to really examine your own motives and then turn it all around. Find a way to come up with a positive comment, and then look out for two things – the reaction of the other person and the way that your words of encouragement make you feel. There is enough hurt, anger and ugliness in this world, so why add to it? Put a smile on someone's face today by saying something nice!

What language is that? English? Really?

Let's face it—English is a crazy language. There is no egg in eggplant, no ham in hamburger, and neither pine nor apple in pineapple. For more examples of how the language of Shakespeare, Dickens, and David Mamet can confound even the smartest minds, consider these double meanings of common words:

- The bandage was wound around the *wound*.
- The dump was so full it had to refuse more *refuse*.
- The soldier decided to desert his unit in the *desert*.
- There is no time like the present to *present* the birthday boy with his present.
- The musical fisherman painted a bass on his *bass* guitar.
- The farm was used to produce *produce*.
- When the hunter fired his shotgun, the white dove *dove* into the bushes.
- I did not object to the *object* on the mantel.
- Jim was too close to *close* the door.
- The wind was too strong to *wind* the sail.
- The artist shed a tear at the *tear* in her painting.
- The scientist had to subject the *subject* to a series of tests.



Paul K. Owner

Years in this industry: 6 years

Year started at STAR Automotive: 1/2019

What do you specialize in, proficient at or prefer to work on: Nurturing a positive culture and providing exceptional service, commitment to serving and building lasting relationships.

ASE Trainings: Business coaching includes Automotive Technical Institute (ATI), Repair Shop Coach, Maverick Shop Owners, Southern Oregon university Small business Development Center (SBDC) courses, continuous industry training and development.

Hobbies: RV camping, water sports, shooting, traveling.
U.S. Army Veteran

Are kosher foods healthier?

Keeping kosher isn't just a matter of religion lately. Many shoppers are buying kosher foods because they think kosher is safer and healthier.

According to a survey by market research firm Mintel, 51 percent of people who buy kosher foods, which are prepared according to dietary and processing codes under traditional Jewish practice, do so for the "general healthfulness" of such foods. About one-third buy kosher because they believe food safety standards are higher than standards of regular supermarket foods. Just 15 percent of respondents say they purchase kosher foods because of religious beliefs. The New York Times has reported that sales of kosher foods hit \$12.5 billion in 2008, an increase from 2003 of 64 percent. Nutrition experts point out that kosher food practices were created for religious reasons, and there's no evidence that kosher food is healthier or safer than any other kind.

That familiar slogan, **Be Car Care Aware** takes on special meaning when applied to the vehicle's numerous fluids, five of which you should check or have checked regularly. These are brake fluid, engine oil, transmission fluid, antifreeze coolant and windshield washer fluid. They're easy to check or, if you prefer, we'll do it for you. We're car care aware and you should be to.

Safety Tips for Driving Alone

- Don't engage in road rage. Back away or exit the area instead of confronting an angry driver.
- Pay attention: Be aware of your surroundings and who is there. Keep your doors locked while driving, be aware of emergency vehicles and people walking in the streets. Car jackers rely on the element of surprise.
- Park in well lit and populated areas. Ask for an escort to your car and have your keys out and ready. If you have a panic button on your keys, know how to use it. Don't approach your vehicle if there is a suspicious vehicle near yours, like large SUVs or vans.
- Don't assume that all flashing lights are law enforcement. If the vehicle that is attempting to pull you over doesn't look official, don't pull over until you get to a populated area. Angle your car so you can pull away quickly if necessary. Crack your window to talk to them; don't get out of the car. Ask to see ID, and observe their demeanor and dress. If anything looks out of the ordinary, pull away and call 911.

"As summer fades, it teaches us the beauty of change; every ending brings the promise of new beginnings."

Unknown

Great Benefits

Science tells us that happiness is a chemical reaction in the brain. It is caused by endorphins and dopamine filling the pleasure centers of the brain, which brings joy. Underlying the chemistry of happiness, there may be a set of genes that exist to prompt the happiness response. The pleasure of eating, the satisfaction of love, the comfort of teamwork, and the joy of raising children: the things that make us feel good generally are the things that will help the species survive. Happiness, then, is one of our tools for survival.

There are untold benefits to being a happy person. If you are happy, your immune system is stronger, you have fewer medical problems and you live longer. Best of all, you find pleasure and meaning in this world. Your life is full of activities that are significant and enjoyable. It's our heart-felt wish that you have a very happy day filled with much laughter.

"Every day may not be good... but there's something good in every day."
~ Alice Morse Earle

\$100 Brake Fluid Flush

You must present this coupon at time of service. One coupon per person per repair order. Cannot combine with other coupons.

Valid Through August 29, 2025

\$141.00 Value. Keep your brakes operating properly & safely.

Get to Know Your Dashboard Lights

Dash lights are nothing new, but the messages are. The following list of warning lights are the most common lights used by auto manufacturers. Not all warning lights are universal. Always refer to your owner's manual when you're not 100% sure what the light indicates.



Many warning lights indicate that a fault has occurred inside the vehicle's system, but it doesn't pinpoint the item or system that has failed. In these cases, a code reader or scan tool can help determine the part that needs to be replaced.

Check Engine Light Scan

We'll scan the code and help you determine your next course of action!

\$25 OFF Diagnostic of Your Check Engine Light

Expires August 30, 2025 Make Your Appointment Today!



Jolene's Corner

At one time we have had stuffed bell peppers. The traditional recipe is ground beef, rice, tomato, and cheese. My mom made stuffed bell peppers with Mac and cheese. This recipe is another twist on stuffed bell peppers. Easy to make and really tasty. I only made 2 half peppers. I had enough filling for 2 more halves.

Teriyaki Chicken Pineapple Stuffed Bell Peppers

- 1 cup water
- 1/2 cup rice
- 1 boneless skinless chicken breast diced into small cubes
- 2 tablespoons olive oil
- 1/2 cup canned pineapple tidbits drained
- 1/2 cup teriyaki sauce, do not use the thick glaze sauce
- 2 bell peppers cut in half lengthwise and seeded
- 1/2 cup shredded mozzarella or cheddar cheese
- Sliced green onion and sesame seeds (optional)

Preheat oven to 350 degrees.

In a saucepan add 1 cup water and bring to a boil. Add rice, stir. Reduce heat to low cover and cook for 15 min. Or until rice is tender.

In a hot frying pan add olive oil. Heat oil then add chicken. Stir and cook chicken until brown. Add the teriyaki sauce and simmer until teriyaki sauce is reduced by half. Add the pineapple and continue stirring for 2 minutes. Add the rice and stir to combine. Then add the cheese and stir to combine.

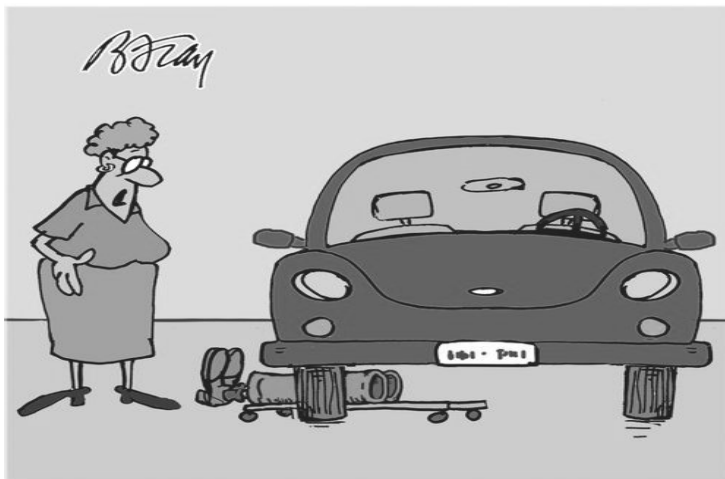
Place bell peppers in a baking dish. Fill peppers with chicken mixture. Cover with foil and place in oven. Bake for 50 minutes or until peppers are tender.

Garnish with a few pineapple tidbits, green onions and sesame seeds.
Enjoy



Fun Facts about Cars:

- ✓ The first speeding tickets were given out in 1902, when the top speed of most cars was barely 45 miles per hour
- ✓ Some of the first cars ever made used a pair of levers to steer. The steering wheel didn't become standard until after 1899.
- ✓ Before the 1920s, cars didn't have fuel gauges. Drivers had to estimate how much fuel was left, or risk running out.
- ✓ The first car to be recognized as setting a land speed record used an electric motor. Today, the fastest cars in the world use turbojets or rockets and drive about 20 times faster.



"YOU'VE BEEN UNDER THAT CAR FOR HOURS, DEAR, AND YOU PROMISED TO GO SHOPPING WITH ME!"

Thanks for the kind words!

"I am very happy taking my MB C300 to Star Auto. I have been a customer for close to ten years. This business is fair and honest. I feel confident taking my car to them and not being ripped off! They stand by their work!"

Brenda

\$10 Off Labor Coupon

- Not Valid On Oil Change -

You must present this coupon at time of service. Coupon will not be accepted after repair is completed and paid for. One coupon per person per repair order. Cannot combine with other coupons.

Valid Through August 29, 2025



STAR
AUTOMOTIVE
414 NE F Street
Grants Pass, OR 97526-2310

August 2025

PRESORTED
STANDARD
U.S. POSTAGE PAID
GRANTS PASS, OR
PERMIT NO. 46

www.stargp.com

Some Times *Is a FREE Newsletter from your friends at STAR Automotive*

STAR-12 month / 12,000 mile Parts & Labor Limited Warranty

Napa Auto Care -24 month / 24,000 mile Nationwide Limited Repair Warranty **(541) 476-9646**

Complimentary 12 month *To Your Rescue* Roadside Assistance with minimum \$25 purchase

Details available on our website at <http://www.stargp.com/warranty-information/> and at our front counter



Kosher Foods
What Language Is That
Know Your Dashboard Lights
Jolene's Recipe
Coupons and Much More....

Right the First Time, On Time, Every Time since 1975

Your Nose Knows: Six Vehicle Warning Signs You Can Smell

Most vehicles start out with a "new car smell," but there are other specific odors that motorists should never ignore. Identifying these suspect smells early on can help car owners be car care aware and avoid the hassle and expense of an unexpected breakdown, says the Car Care Council.

"Unusual smells can be the sign of serious, and potentially costly, trouble for your vehicle. By acting quickly and making necessary repairs, you'll be able to breathe easy knowing there is no harmful damage to your car," said Rich White, executive director, Car Care Council.

The Car Care Council recommends a sniff test of your vehicle to identify any unusual smells, including the following six warning signs:

- 1) The smell of burnt rubber could be slipping drive belts or misplaced loose hoses that might be rubbing against rotating accessory drive pulleys. Do not reach in if the engine compartment is hot.
- 2) The smell of hot oil could mean that oil is leaking onto the exhaust system. To verify the leak, look for oil on the pavement or smoke coming from the engine area.
- 3) The smell of gasoline is likely the sign of a gas leak in some area of the vehicle such as a fuel injector line or the fuel tank. Any smell of fuel can result in a possible fire hazard, so immediate attention should be given.
- 4) The sweet smell of syrup may be a sign that your car is leaking engine coolant from a leaky component related to the car's cooling system. Do not open the radiator cap when it is hot.
- 5) The smell of burning carpet could be a sign of brake trouble and a safety hazard. Have your brakes checked right away, especially if this smell is happening during normal driving conditions.
- 6) The smell of rotten eggs is never a good one and, if you smell it coming from your vehicle, it could mean a problem with your catalytic converter. This smell can also be attributed to a poor running engine, causing the catalytic converter to become overloaded and fail due to meltdown.

When you smell any peculiar odor, you should not ignore it. Instead bring your vehicle to STAR Automotive to get an informed opinion on the nature of the odor. You can give us a call at (541) 476-9646.