A Free, Friendly, Fun Newsletter from your friends at STAR Automotive - 541-476-9646

The Some Times Newsletter

Top 5 Automotive New Year's Resolutions

- Resolve to schedule two checkups this year with a mechanic & know your maintenance history. Regardless of how well you think you know your vehicle, a well-trained, trustworthy mechanic can spot things that you might miss. Preventative maintenance at the hands of a qualified professional is cheap insurance. Also, keep all the documentation. Being able to provide a potential buyer with all of your service records is a major buying incentive
- Resolve to keep up with fluid changes. Checking on your vehicle's fluids is paramount to its longevity. Mark one day on your calendar each month to make sure all your fluids are topped off. It's quick, easy & can save you some serious repair dollars down the line. Remember to change those fluids when your service manual requires it, too!
- Resolve to address minor problems early. It's easy to hear a strange noise in your vehicle & hope that it will go away. Don't put off minor maintenance or easy repair work. Doing so can lead to bigger problems & larger repair bills in the end.
- Resolve to keep your car clean. Excess dirt & grime can act like sand paper, creating unnecessary abrasion that can wear down upholstery & carpeting. Purchase a good set of floor mats if your vehicle didn't come with them, & vacuum your car on a regular basis
- Resolve to check on your tires & wheels. If your tires have worn unevenly or your wheels are unbalanced, vibration can cause excess stress on suspension components. Excess stress can mean extra trips to the mechanic & a hefty repair bill.

Did You Know?

Extended Mile Service Intervals Are Bad For Your Vehicle, and Your Pocket!

Many newer automobile owners are experiencing expensive repairs due to extensive internal engine failures at a relatively low mileage; some as low as 20,000 miles and many are requiring large repairs around 60,000 miles and up. Most of those repairs are caused by clogged, dirty oiling systems, and very low oil level due to normal oil consumption.

Automotive manufacturers and their dealers are recommending very long service intervals; as high as 8,000 -15,000 miles between engine oil changes.

Here at STAR, our experience has taught us that those long intervals are not in the best interest of the vehicle owner.

So If it's not good for your vehicle; why did the manufacturer recommend it?

I suspect that they are more concerned with sales of new cars than with longevity of use. They would rather have you purchase a new vehicle every few years rather than maintain a vehicle for a few decades. Consumer Reports rate new vehicles largely based on the warranty period which is usually the first 36,000-60,000 miles. By recommending very long service intervals the manufacturers can make their vehicles appear to be less expensive to own, and thus sell more cars.

The information offered by the manufacturers is just plain wrong, and misleading, specially if you plan to keep your car for many, many years.

Remember: once a new vehicle is out of the original factory warranty, the manufacturers is no longer responsible for your vehicle's well being in any way. You the owner are responsible.

Modern vehicles are designed for, and capable of a lifespan of 200,000 to 300,000+ miles provided they are maintained properly.

We have gained access to more information than we have ever had before as well as additional data from engineers who design the vehicles. We can assist you in avoiding problems that are becoming all too common on newer vehicles.

Driving a vehicle to 100,000 miles before replacing spark plugs, servicing transmission, antifreeze, brake fluid... this delayed maintenance may cost you thousands of dollars in repairs which could have been avoided with routine vehicle maintenance.

By performing service intervals in a shorter time frame, combined with an in-depth inspection process as well as an aggressive approach to maintenance you can increase the life of your vehicle, and substantially reduce your cost of ownership. We at STAR are here to advise and help with your maintenance plan.

You don't have to go back to the Dealer for service or maintenance on your new or used vehicle!

Federal Law (Magnusen-Moss Act 1975) prohibits new car dealers from implying or denying warranty
service because routine scheduled maintenance was performed at an independent repair facility. STAR
Automotive can handle your maintenance and repair needs. Just give STAR a call to schedule any of your
preventative maintenance requirements.(541) 476-9646





As we close another year and begin the new, we want to take this opportunity to personally acknowledge and express our heartfelt gratitude for your business with us over the past year(s).

In our fast-paced world, it's all too easy to overlook the importance of expressing appreciation for the services we provide and the relationships we build. We want you to know that we genuinely value your trust and confidence in STAR Automotive and our dedicated team. Your support has been instrumental to our success, and we recognize that we wouldn't be here without you.

Thank you again for your patronage. We wish you and your family a New Year filled with health, happiness, and prosperity.

Back row left to right - Curtis, Freddy, Cody, Matt, Austin Front row left to right - Bo, Paul, Shelly Not pictured - Jim and Jolene, Nancy

thank you

Jolene's Corner

It is January and the weather is cold. How nice would it be to sit down to a warm bowl of soup? The Crock Pot makes this easy to do especially if you are working.

Crock Pot Chicken Enchilada Soup

1/2 onion, finely chopped

- 1 teaspoon chili powder
- 1 teaspoon cumin
- 1 teaspoon garlic powder
- 1 (19-ounce) can red enchilada sauce
- 1 (28- ounce) can fire-roasted diced tomatoes
- 1 (15-ounce) can black beans, drained and rinsed
- 1 (15-ounce) can corn, drained and rinsed
- 2 pounds boneless, skinless chicken breasts, cut into thirds
- 2 1/2 cups chicken broth
- 1/3 cup cheddar cheese, plus more for serving

1/4 cup heavy cream

Toppings for serving: Chopped cilantro, sliced lime, crushed tortilla chips or corn chips, grated cheese, diced avocado. Or use any of your favorites.

Combine onion, spices, enchilada sauce, tomatoes, beans, corn chicken and broth in the bowl of the crock pot. Stir together to combine. Set on high and cook for 3 hours, or until chicken is tender.



Remove chicken from the crock pot and shred. Return to the pot and stir in cheese and cream. Stir and heat on low until the cheese is melted. Taste and season with salt and pepper if desired.

Serve into bowls and top with the toppings

Hint: For a richer flavor and more tender meat use skinless bone in chicken thighs instead of chicken breast. Thighs take longer to cook to add on an extra hour for a total of 4 hours on high in the slow cooker.





Right the First Time, On Time, Every Time since 1975

